



Scott Credidio's Winter Baseball Hitting Clinic

Monday, February 20th Presidents Day

For Grades 4th through 8th

Sponsored by Hit & Run Sports Center in Lake Hopatcong NJ

Information

Session - 12:00-3:00 (4th to 8th grade)

*registration begins at 11:30

Session capped at 36 kids

Clinic will be held at:

Hit & Run Sports Center

15 Weldon Road (intersection of Rte 15 & Weldon Rd)

Lake Hopatcong NJ 07849

<http://www.hitnrunsportsctr.com>

Cost of the clinic will be **\$40**

(\$45 cash on day of clinic)

What to bring:

Campers are responsible for providing their own transportation

- Bat (please put name on it)
- Batting gloves
- Helmet
- Drink
- Sneakers/no cleats allowed

Staff

Scott Credidio - (Director)

Baseball coach 15 years- (Dover and Morris Hills High School). Athletic trainer 13 years (Dover High). Private baseball lessons. Middle school Phys. Ed. Teacher 18 years.

Ben Guyre

Head Baseball coach Mendham High School 5 seasons. Camp Director Mendham baseball summer camp 6 years.

Bill Swenty

Head Baseball coach Soloman Schechter High School 6 years. Middle school phys. ed. teacher 13 years.

Mike Hrynio

Former player of mine, drafted by and played for the Seattle Mariners also played for the Reds as both a position player and pitcher.

Other local coaches and players will be joining the staff as needed

About The Clinic

This clinic is designed to provide a safe and fun environment for player to develop and improve their skills. Drill work will be incorporated in these areas:

Hitting: Stance, grip and positive approach

T work

Soft toss

Underhand flips

15 foot live pitching

Each player will get at least 200 swings

Bunting: Stance and footwork

- Bunting practice

*each camper will also learn the proper and safe way to get hit by a pitch. (very important for player safety) soft objects will be used.

Registration Form

Name: _____

Grade: _____

Email: _____

Phone Number: _____

Town: _____

Parent/Guardian Name:

Signature:

Emergency Contact:

Registration and Payment can be on-line at

Hit & Run web site

<http://www.hitnrunsportsctr.com>

Or

Mail completed forms and payment made to:

Scott Credidio

105 Stonehedge Lane

Sparta, N.J. 07871

Any questions regarding the clinic please feel free to

call Scott Credidio at 973-919-7662 or e-mail

scredid@yahoo.com