



## Summer Baseball Camp 2010

***Teach them right from the beginning and watch them develop into sound ball players.***

### **What My Child Will Learn**

Each camper will learn the basic fundamentals of baseball which includes hitting, fielding and throwing. This will be done at an age appropriate level to ensure that your child maximizes his potential during camp.

The campers will be taught the philosophy and work ethic behind the game of baseball. Coaches will instill a “the harder you work at it the easier it becomes” attitude.

Your child will learn, where to be and why, during his or her baseball games.

Lateral direction is easier once forward motion has started. This concept will enable your child to get to and catch more baseballs.

With the help of Parisi’s Speed Schools your child will be instructed on how to properly run, stretch and prepare themselves for their games and practices. This will also increase their speed and confidence when running the bases.

Because of the low coach to camper ratio, your child will be evaluated and receive expert hands on individual instruction.

With the option of the Video Analysis (additional fees apply) you and your child will have the opportunity to sit with the coaching staff and analyze his or her areas of improvement. You will leave with a DVD or CD of the video and paperwork with the necessary drills and techniques to correct their bad habits.

### **Activities**

Parisi Speed School will give your child 2 - 1 hour Sessions during their week at camp. Parisi is considered one of the best speed schools in the country and has a long list of professional athletes as customers. For more information visit <http://www.parischool.com/morris>

Each camper and parent or guardian will be given a ticket to a Sussex Skyhawks game and Fireworks on August 27th for a 6:30PM start. As part of Matt & Jay’s Summer Camp all ticket costs will be included at no additional charge.

Water Balloon toss: Campers will do water balloon tosses to instill a “soft hands” method when catching a baseball, while having fun.

Tribal Wars: Each camper will be issued an additional T-Shirt, courtesy of Matt & Jay’s summer camp, and have a water gun battle amongst the other campers.

There will be a home run derby and other fielding competitions with prizes awarded.

Although there will be scrimmages during the week, on the last day of camp there will be a baseball game played amongst the campers. Parent or Guardians are encouraged to attend.

## **Things to Bring**

Matt & Jay's Summer Camp requires your child to wear baseball pants. During the camp they will be sliding and fielding which may cause abrasions on their legs if they are wearing shorts.

Please have your child wear baseball cleats if possible, if not sneakers will suffice.

Please make sure your child wears a baseball hat.

Please make sure your child brings his or her baseball mitt.

Batting helmets and bats will be provided if needed.

Please make sure to apply any sunscreen or sun block to your child prior to his participation at camp each and every day.

Also please have them bring a beach towel to dry off.

## **Other**

Your child will be given a Red or White T-Shirt included in your registration.

An Official Little League Baseball to continue to throw and play.

During camp there will be coolers with Ice Water and Gatorade, for free, for all of our participants.

There will be a stand selling snacks and other items for your convenience.

Extended Drop off or pick up times are available. Please inquire with our staff prior to camp.

Prizes given away during the week: Batting Gloves, Baseballs, Wood Bats, Official Hit & Run Baseball Hats and T-Shirts.

You will be able to go online to view pictures and highlights, on a daily basis.